



Tools For Action

A sample of physical education initiatives in Wisconsin

Parent programs

Contact Information

Main Contact Person Lynn Vande Sande
Title of Main Contact Elementary physical educator
School Name John Muir Elementary
School District Name Madison Metropolitan School District
Contact Phone Number 608-663-8136
Contact Email Address mvandesande@madison.k12.wi.us

Program Information

Program Name Parent programs
Program Category Communication or promotional ideas for PE programs
Grade Level Elementary School (K-2); Elementary School (3-5)
Assessment Method

Program Information

Products Developed or Materials Used:

I am creating assessment tools and rubrics for units all the time. I use portfolios at my school so these assessment items go home with the kids.

Program Description:

You don't always have to do all school programs for parents. Sometimes I'll just have the kids take home invitations for "presentations" at the end of our unit. Parents will then come watch their child during a performance during the child's regularly scheduled PE class. At the end I always save time for parents to come out "on the floor" and participate in whatever activity we were presenting with their child.

For information on other **Physical Education Best Practices**, visit the website at:
<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:
<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:
<http://dhfs.wisconsin.gov/health/physicalactivity/>
or contact staff at: Meineam@dhfs.state.wi.us (Amy Meinen, Nutrition Coordinator)
Morgajg@dhfs.state.wi.us (Jon Morgan, Physical Activity Coordinator)
Pesikme@dhfs.state.wi.us (Mary Pesik, Program and Grant Coordinator)